

Get help to cope with rising costs



If you receive a pension you may be able to get more financial support – but you must claim now

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Ageing Well
Southwark



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This Autumn, more support will be offered to older people on lower incomes, who receive a state pension. You will only be able to receive these extra benefits, if you first claim Pension Credit. There are thousands of people in Southwark who are eligible for Pension Credit but don't yet claim it. It's really important you do so now, or you may miss out on:

- A one-off ***Cost of Living payment*** of £325 to help with the cost of living this winter
- £150 ***Warm Home Discount***
- ***Free NHS prescriptions, dental treatment and sight tests.*** You can also claim help towards the cost of glasses and transport to hospital
- A Cold Weather Payment of £25
- Rent/mortgage support
- Other financial support for those with disabilities and/or caring responsibilities.

You can claim Pension Credit online at **www.gov.uk/pension-credit**

If you would like help with your claim, there are lots of friendly local organisations that can help you, including Age UK, Link Age Southwark, Time and Talents and Southwark Pensioners Centre. Please call **020 7525 5000** (select option 3) to speak to someone who can help you find a local drop-in session.

When you apply, you will need the following information with you:

- Your National Insurance number
- Your bank account details
- Information about your income, savings, and investments (if you have any)
- Information about your state retirement pension
- Information about any other pensions
- Details of any housing costs you have (e.g. mortgage, service charges)
- Your husband, wife, or partner's details (if you have one).

Don't miss out – prices are rising, so make sure you get what you're entitled to.